



## Cleanings & Checkups

Keeping your body in shape is good for your health. Keeping your mouth in good shape is good for it as well. Serious issues can stem from poor oral health. Regular checkups and cleanings make all the difference in the world. The comprehensive dental exams we provide at Dental Care Group ensure that any problems that may be starting to develop will be nipped in the bud before they have an opportunity to do any real damage. Problems that are already severe can be addressed with general dentistry before they get even more serious.

Routine professional cleanings are important because they eliminate the plaque and tartar buildup that can lead to gum disease. Beginning with the first tooth that erupts through the golden years of life, keeping your teeth clean and in good working order is imperative for general health and well-being. At Dental Care Group, we use high-tech instruments that make getting your teeth cleaned a comfortable experience. Afterwards you feel wonderful – as if your mouth had a spa date.

## Comprehensive Dental Exam

Cavities and gum disease are culprits that we look for in regular dental exams; however, that is not all. Comprehensive dental exams also reveal other issues that may be lurking in your mouth. For example a thorough exam of a child's mouth may show that orthodontic work may be needed in years to come. Early detection of such an issue provides an opportunity for measures of intervention which could result in the preservation of teeth that otherwise may have needed extraction. Wisdom teeth, when monitored through the oral exam, do not have the chance to cause unnecessary discomfort since they can be dealt with before they become problematic.

Screening for oral cancers is an important part of the comprehensive dental exam. Less than 20% of the general population has this simple, painless screening performed. Oral cancers are among the easiest to eradicate when found early enough. At Dental Care Group, you can rest assured that your dental exam will be thorough. Contact our office today to schedule an appointment. Your oral health is important to us. We help you keep your mouth in good shape.